

2026 ALZHEIMER'S DISEASE FACTS AND FIGURES



OVER
7 MILLION
Americans are living
with Alzheimer's



1 in 3

older adults dies with
Alzheimer's or another
dementia

Between 2000 and
2024 deaths from heart
disease have decreased

3.8%



while deaths from
Alzheimer's disease
have increased over

134%



It kills more than
breast cancer and
prostate cancer



COMBINED

The lifetime risk
for Alzheimer's
at age 45 is

1 in 5

for women

1 in 10

for men

In 2026, Alzheimer's
and other dementias
will cost the nation

**\$409
BILLION**

By 2050,
these costs
could rise to nearly

\$1 TRILLION



NEARLY

13 MILLION

Americans provide
unpaid care for people
with Alzheimer's or
other dementias



These caregivers
provided more
than 19 billion
hours valued over

**\$446
BILLION**

3 out of 4

Americans say
lifestyle behaviors
are important
for brain health,



but only

46%

strongly connect
these behaviors to
reducing dementia risk



For more information, visit alz.org/facts

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